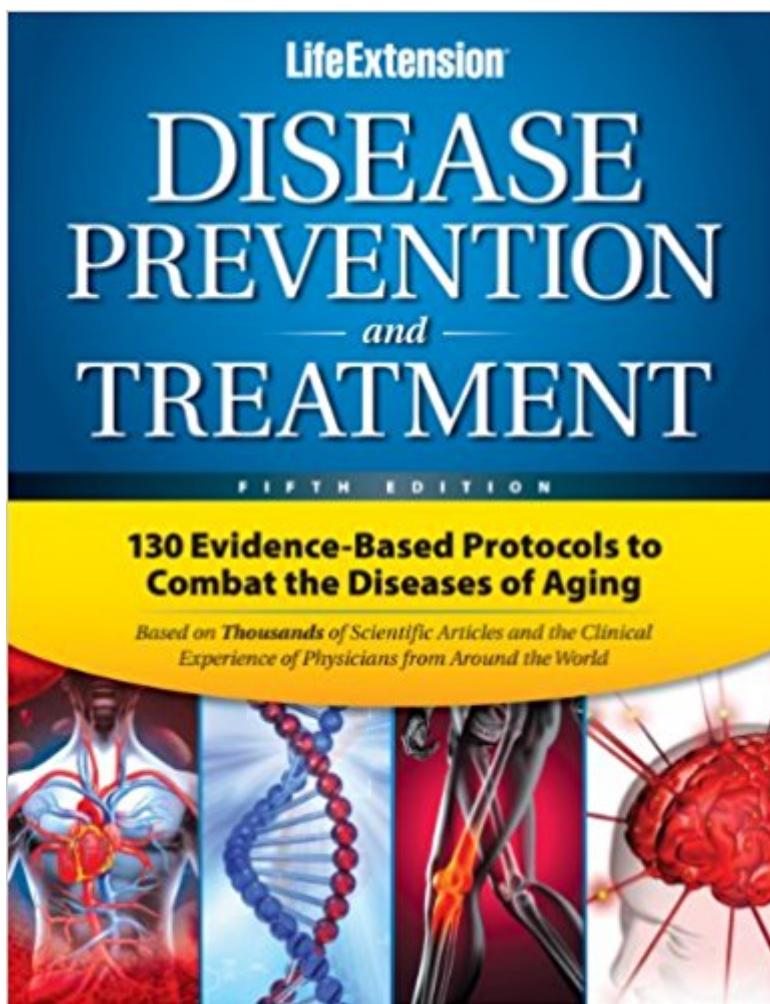


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# Disease Prevention & Treatment 5th Edition



## **Synopsis**

At any given time, hundreds of different health books are offered to the American public. Most of these books provide some useful information, but none adequately address the archaic state of medical practice that patients with serious disease are confronted with. The mission of this fifth edition of Disease Prevention and Treatment is to break down the barriers of ignorance that result in unnecessary suffering and death. While intriguing discoveries are now published in prestigious medical journals on a regular basis, little of this information is utilized to actually save human lives. It's as if a brick wall separates newly discovered scientific solutions from those in critical need of this knowledge. The goal of Disease Prevention and Treatment is to tear down the walls of ignorance and apathy that have become the underlying reasons why human beings needlessly succumb to preventable diseases today.

## **Book Information**

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## **Customer Reviews**

Starting in the 1970s, the founders of a non-profit group called the Life Extension Foundation began to uncover information that could be used to improve patient outcomes and, in many cases, prevent people from dying prematurely. Conveying this data to those with health problems often resulted in significant improvements in their condition. Since then, the Life Extension Foundation has identified enormous amounts of evidence indicating that effective, but overlooked approaches already exist to mitigate many of today's lethal diseases. This abundance of new scientific findings has created the need to publish an updated edition of our Disease Prevention and Treatment reference book. The Life Extension Foundation has spent tens of thousands of hours reviewing the scientific literature in

order to develop the novel approaches to disease prevention and treatment in this book.

Right on guys! This Volume 5 (ten years the senior of Volume 4) is an excellent update Edition. It is not comprehensive in nutritional implementation (somewhat weak at times) and does not address everything for diseases, but it is an excellent reference in itself for the protocols that are listed and can be trusted with science-based research to back up its claims. Nice layout structure for the book. Health conditions are easily located. Highly recommended. This price here cannot be beat! Thanks so much Dr. Gossard for your very hard work in putting all this together! Lord bless!

This book knows so much more than my General Practitioner. What else could you expect since he went to med school back in 1960. This book provides nutritional information based on research to help head off disease or more importantly, "pre-disease" states. It is not of the "a pill for this and a pill for that" philosophy, but looks at illness from a larger perspective.

I bought this for my husband as a gift. It's super-extensive and explores all sorts of alternative (as well as conventional ) treatments. One thing that surprises me is the Life-Extension foundation's promotion of soy as a health food. It's not. But aside from that minor disagreement I have with the book, I think it's an excellent resource for staying healthy. The Life Extension Foundation actually backs up their recommendations with research and they clearly have a commitment to their recommendations being scientifically sound. Even if you're not interested in living abnormally long, this is a good resource for thriving as you age.

If you haven't been happy with the current medical establishment or their "solutions" to your medical problems, and believe that there should be a better "way," check out this book. More information like this should be available to the general public. There are many alternatives to current, standard, and sometimes questionable medical care/practices that you should know about. Thank you to the people who contributed to this book in the interest of helping people help themselves. Somewhat technical, but definitely the right place to start your research.

I am not compensated for this review. This is the best book combining Mainline in alternative medicine on the market. I have found many Endocrinologists going by the techniques used in this book for thyroid disorders. This book is a must-have for every Medical book Library particularly when you're fed up with in the Box Care and need answers to complex medical conditions.

As a physician actively promoting disease prevention to my patients I have found this book a wonderful and reliable reference source. It is thoroughly researched and well presented. It provided a good balance of conventional and "alternative" options. Perhaps the writers could give additional attention and coverage in the future to other lifestyle modification interventions in addition to nutrition and supplements. I highly recommend. Dr. Tony Vendryes - Author of An Ounce of Prevention - Especially for Women.

Loads of up to date and cutting edge information. The only downside is that there are so many supplements that are recommended it can be hard to decipher what is actually helpful for your condition. They do give both sides of the story, the conventional medicine view as well as the functional medicine view of the disease process.

good info

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